Café Menu

Breakfast
Eggs three ways
Fried, Scrambled or Poached $5.50

Extras
Bacon, Roasted Tomatoes or Mushrooms $1.50

Sandwiches
Shaved ham, Tomato and Brie $4.50
Tomato, Cheese and Onion $4.50

Rolls
Bacon and egg melts $6.00
Tandoori Chicken and Salad $6.00
Falafel and Tabouli $6.00

Foccacia
Chicken and Avocado $6.00
Roasted Vegetables, Red Onion, Roquette, Goats curd and Pesto $6.00

Pastries
Beef and Chicken, vegetables, sausage Rolls, Vegetable Pasties and Quiche Lorraine $4.00

Salads
Caesar, Greek and Fruit Salad $6.00

Sides
Beer Battered Fries $3.50
Wedges $5.50

*Our question then is not so much whether to reflect, as what kind of reflection is most likely to help us get on with work.*

Donald A. Schön on Reflective Practice